

TRY ONE OF OUR CHEF'S SUGGESTIONS

NOODLE BOXES

	S	REG
BB BOX Hokkien noodles, beef, vegetables, black bean sauce	\$11.50	\$14.50
SWEET & SOUR PORK Hokkein noodles, BBQ pork, pineapple, vegetables, sweet & sour sauce	\$10.90	\$13.90
SINGAPORE IN A BOX Rice vermicelli noodles, BBQ pork, egg, vegetables, mild curry sauce	\$10.90	\$13.90
SWEET SENSEI Thin egg noodles, chicken, vegetables, sweet chilli sauce	\$10.90	\$13.90
SATAY CHICKEN Thin egg noodles, chicken, vegetables, peanut satay sauce (add coconut milk for creaminess)	\$10.90	\$13.90
PAD THAI Rice stick noodles, prawns, chicken, egg, vegetables, spicy thai chilli sauce, garnished with fresh bean sprouts, lemon & roasted peanuts	\$11.90	\$14.90
CKT BOX Thick rice noodles, BBQ pork, vegetables, egg, spicy oyster & soy sauce	\$10.90	\$13.90
SINGAPORE CHILLI CRAB Hokkien noodles, seafood flakes, egg, vegetables, singapore chilli crab sauce	\$11.50	\$14.50
MI GORENG Hokkien noodles, chicken, prawns, egg, tomato, peas, shallots, spicy blend of Asian flavours garnished with fried onion	\$11.90	\$14.90
MONGO Hokkien noodles, beef, vegetables, special mongolian sauce	\$11.50	\$14.50
CHILLI COMBO Thick rice noodles, BBQ Pork, chicken, beef & vegetables in a hot chilli sauce	\$11.50	\$14.50

RICE BOXES

FRIED RICE BOX White rice, Asian pork sausages, egg, vegetables, traditional soy sauce	\$10.90	\$13.90
NASI GORENG BOX White rice, egg & vegetables in a chilli flavoured sauce with your choice of:		
- Vegetable (add \$1 for tofu)	\$9.90	\$12.90
- Chicken or Pork	\$10.90	\$13.90
- Beef or Seafood	\$11.50	\$14.50
- Meat & Seafood combo	\$11.90	\$14.90

SOUPS

TOM YUM SOUP Rice vermicelli noodles, seafood, mushrooms, tomato, lemongrass, lime leaves, hot & sour soup		\$14.50
COMBINATION NOODLE SOUP Thin egg noodles, bok choy & bean shoots with chicken, beef, BBQ pork & prawns, fresh shallots in clear soup		\$14.90
LAKSA SOUP Hokkien & rice vermicelli noodles, vegetables, coconut milk & curry soup with choice of:		
- Vegetable (add \$1 for tofu)		\$12.90
- Chicken or Pork		\$13.90
- Beef or Seafood		\$14.50
- Meat & Seafood combo		\$14.90

WOKFIT

COCONUT CURRY CHICKEN Brown rice or broccoli noodles, quinoa, kale, Asian greens, chicken, cold pressed coconut oil, unsweetened organic coconut milk, curry spices	\$11.90	HC	\$14.90
GINGER & SHALLOTS Brown rice or broccoli noodles, quinoa, kale, Asian greens, chicken & prawn	\$11.90	HC	\$14.90
BEEF & BLACK BEAN Brown rice or broccoli noodles, quinoa, kale, Asian greens, beef, fresh lime, birds eye chilli's	\$11.90	HC	\$14.90
SESAME BEEF Brown rice or broccoli noodles, quinoa, kale, Asian greens & beef	\$11.90	HC	\$14.90
GARLIC CHILLI Brown rice or broccoli noodles, quinoa, kale, Asian greens with egg & tofu	\$11.90	HC	\$14.90
SOY WITH EGG & CHICKEN Brown rice or broccoli noodles, quinoa, kale, broccoli, peas, egg, soy sauce	\$11.90	HC	\$14.90
PLANT BASED VG BOX (V, GF) brown rice, quinoa, kale, baby corn, snow peas and mixed veggies with puffs of tofu wok tossed in our soy & ginger sauce	\$11.90	HC	\$14.90

WOK KIDS

(includes small noodle box, cookie & juice box)			
BBQ PORK Hokkien noodles, BBQ pork, veggies with sweet and sour sauce	\$11.90	HC	
FRIED RICE BOX Veggie boosted fried rice, chicken and reduced salt soy sauce	\$11.90	HC	
HONEY SOY CHICKEN Hokkien noodles, chicken, veggies and reduced salt honey soy sauce	\$11.90		

SIDES & SWEETS

SPRING ROLLS (V) (5) vegetable filling with sweet chilli dipping sauce		\$3.90
STEAMED DIM SIMS (4) with soy sauce		\$4.90
CRACKER BAG freshly cooked prawn crackers		\$2.90
SALT & PEPPER SQUID (6) with fresh shallots, wedge of lemon, chilli mayo		\$6.90
FRIED PRAWN DUMPLINGS (4) with NEW Kewpi Mayo		\$6.90
SINGA CHIPS Singapore noodle flavoured hot potato chips		\$2.50
NUTELLA & BANANA SPRING ROLL (VG) (1) handmade spring roll filled with Nutella and banana dusted with icing sugar		\$3.50
FORTUNE COOKIE (1)		\$0.60

HC = Meals that meet the Healthier Choices Canberra criteria

VG = Vegetarian
GF = Gluten Free
V = Vegan

OPEN 7 DAYS FROM 11am – 9pm* STORE LOCATIONS

*Trading hours vary, please contact your closest store for actual times.

Gungahlin Belconnen Wanniasa Phillip Braddon Amaroo Queanbeyan Kippax
P: 6241 3838 P: 6162 3939 P: 6296 6868 P: 6285 3338 P: 6162 4747 P: 6130 1100 P: 6179 4035 P: 6170 2998

1 CHOOSE YOUR SIZE



2 CHOOSE YOUR FLAVOUR



Oyster & Soy	Black Bean	Satay)	Chilli Crab))	Hot Chilli)))
Sweet 'n' Sour (VG, V)	Honey Soy (VG)	Mongolian))	Garlic	Teriyaki
Soy (V)	Sweet Chilli)	VG (soy & ginger)	Schezuan))	Curry)
GF option available	(GF, VG & V option available)	(VG, GF)		

3 CHOOSE YOUR NOODLES OR RICE

Hokkien (VG)	Rice Vermicelli (VG, GF)	Rice Stick (Pad Thai) (VG, GF)
Thick Rice (VG, GF)	Thin Egg (VG)	Rice (White or Brown) (VG, GF)

4 CHOOSE YOUR VEGGIES

STANDARD	Bean Shoots	Carrot	Broccoli	Onion	Bok Choy	Capsicum
OPTIONAL	Snow Peas	Baby Corn	Tomatoes	Peas	Shallots	Pineapple

5 CHOOSE YOUR PROTEIN



Vegetarian	\$9.90	\$12.90
BBQ Pork or Chicken Breast	\$10.90	\$13.90
Beef or Seafood	\$11.50	\$14.50
All Meats	\$11.50	\$14.50
Meat & Seafood Combo	\$11.90	\$14.90

EXTRAS

Tofu	\$1.00	Chicken	\$1.50	Pork	\$1.50	All Meats	\$2.00
Beef or Seafood	\$2.00	Egg	\$1.00	Vegetables	\$0.50	Wokfit ingredients	\$1.00
No Noodles	\$3.00	Ginger	\$0.50	Fresh Chilli	\$0.50	Packaging	\$0.20

VG = Vegetarian | GF = Gluten Free | V = Vegan

Why not make it a meal?



For only **\$4.90** extra

Purchase any box & add a 390ml drink + 5 spring rolls

Visit the wokitup website!



Visit the wokfit website!

