

METRO BAKERY & CAFE

SINCE 2009

METRO
bakery & cafe

LUNCH MENU

SOUP OF THE DAY

From the Specials Board

TOASTED HOUSE MADE CIABATTA

With an olive oil & balsamic reduction, confit roasted garlic and dukkha **10**

ARANCINI

Mushroom, thyme & mozzarella arancini with confir garlic aioli **14**

CHICKPEA & HALOUMI BALLS

With a mint & green salsa, beetroot puree & garlic yoghurt **14**

FRIES

With house made aioli & lemon sea salt **9**

MUSHROOM & THYME RISOTTO

Mushrooms sauteed with garlic & thyme **17**

GREEN RISOTTO

Sauteed leek, peas, baby spinach & a touch of lemon **17**

CAULIFLOWER & PORK BELLY RISOTTO

Roasted cauliflower, cauliflower cream & pork belly pieces. Finished with gremolata **22**

PASTA CARBONARA

With bacon, mushrooms, onion, garlic & egg **17**

PASTA BIANCA

With prawns, squid, chorizo, fetta, onion, chilli & lemon **19**

PASTA ALLA NORMA

Sauteed eggplant tossed with a a rosé sugo **17**

PASTA PESTO

With sundried tomato, onion, fetta & pesto cream **18**

Add chicken **4**

PUMPKIN ALFREDO

Fettucine with crispy sage, cream, puree pumpkin & toasted pepitas **18**

Add chicken **4**

FETTUCINE ALLA RAGU

Slow cooked lamb, beef & pork ragu **22**

RIGATONI CALABRESE

With salami, chorizo, olive crumb & chilli in our Sugo Sauce **17**

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LUNCH MENU

CHICKEN FOCACCIA

Shredded chicken breast, cheese, spinach, pesto, sundried tapenade & cheese on our house baked focaccia **14**

VEGETARIAN FOCACCIA

Roast Mediterranean veges, sundried pesto & creamed fetta on our house baked focaccia **14**

DARK RYE REUBEN

Pastrami, pickled red cabbage, sauerkraut, grilled provolone & reuben dressing on our house baked dark rye **14**

PRAWNS TWO WAYS

Kuro & Kataifi prawns served with a pickled cucumber, carrot & beet salad with lime aioli **22**

CALAMARI SALAD

Pan fried calamari on a warm spiced red pepper & eggplant salad with pepporoncino aioli **20**

FISH AND CHIPS

Herb & Lemon crumbed Red Emperor, petite salad, chips & chilli & lime tartare **18**

CLASSIC CHEESEBURGER

Premium beef patty, American style cheese, pickles, mustard & tomato sauce, served with chips **20**

CHICKEN BURGER

Crumbed chicken fillets with butter onion jam, slaw & lime aioli, served with chips **18**

GREEK CHICKEN

Marinated Greek chicken, lemon & oregano potatoes, greek salad, tzatziki & pitta **20**

LAMB YIROS

Slow roasted lamb, greens, tomato, tzatziki in a house made pitta served with fetta & oregano fries **22**

VEGAN FUL MEDAMAS

Chickpea & fava beans, cumin, spiced cauliflower, spicy lemon garlic topped with fresh tomato, parsley, hummus & pitta bread **17**