

Small plates & sharing:

Ciabatta, olive oil and aged balsamic	£5.00
Italian olives - 150g jar	£5.00
Soup - changes daily, see blackboard Served with warm baguette and butter	£7.00
Living Space longboard - ideal to share as a starter or good as a main Cumbrian air dried ham, cured meats, cheese, olives and marinated veggies Veggie board - lots more veggie things	£17.00
Fried squid Served with gochujang fermented chilli mayonnaise	£9.00

LARGE PLATES

LS beef burger £12.00 6oz beef pattie, Blengdale blue cheese, beetroot relish and brioche style bun with fries	LS fish and chips £14.00 Freedom beer batter, chips and crushed peas
Pine nut and aubergine strozapretti pasta £12.00 With Pequillo peppers and capers	Squash ravioli £14.00 With brown butter, sage and amaretti
Fried chicken £11.00 Spiced, flour-coated fried chicken breast, chilli relish, red cabbage slaw, brioche style bun and fries	Steak and fries £22.00 Cumbrian sirloin steak, garlic and parsley butter with fries

Salads: dressed to impress

Vietnamese pork belly £14.00 Radish, mint, basil, sugar snaps, cucumber and chilli dressing
North African cauliflower £12.00 Charred cauliflower, carrot, raisins, almonds, feta and charmoula dressing
Nicoise £14.00 Classic tuna, french beans, potatoes, tomato, olives, boiled egg, good oil and vinegar
Caesar £12.00 Cos lettuce, anchovies, sourdough croutons, crispy bacon and Grana Padano
Add chicken £14.00

Sandwiches: properly filling

LS club £12.00 Roasted Cumbrian beef, Dijon mayo, turkey, toasted sourdough
Heritage tomato bruscetta £9.00 Grilled ciabatta, mozzarella, charred sweet peppers and basil
Smoked salmon on rye £10.00 Scottish smoked salmon, rye bread, pickled baby beetroot and dill crème fraiche

Fries £2.50	SIDES
New potatoes with minted butter £2.50	
Seasonal veg – see board £2.50	
Buttered French beans and shallots £3.50	
Fennel, apple and walnut salad £3.00	
Summer salad £3.00 Leaves, radish and heritage tomatoes	

Kids' plates:

This menu is ideal for children under eight.

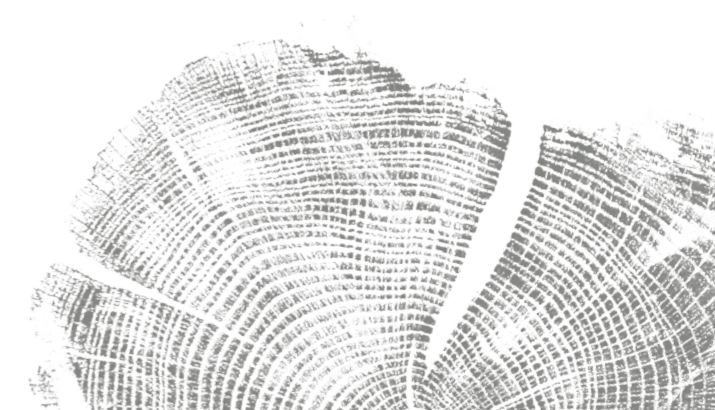
Grilled or fried chicken £7.00
Cumberland sausage, mashed potato and gravy £6.00
Shepherds pie £7.00 Slow cooked Cumbrian lamb and vegetables topped with mashed potato
Grilled or battered fish of the day £7.00
LS cheeseburger £6.50

All served with new potatoes, mashed potatoes or fries and baked beans, peas or seasonal vegetables

Baked mozzarella and pomodoro pizza £7.00
Houmous with cucumber and carrot sticks £4.00
Tomato and basil pasta £5.00

Allergies and intolerances:

Before you order your food and drinks please speak to one of the team if you want to know about our ingredients.



Puddings:

Abbots Lodge Jersey farm ice cream - ask about our flavours	Scoops: 1 - £2 / 2 - £3.50 / 3 - £5
Sticky toffee pudding with Jersey farm ice cream	£5.00
Chocolate mousse Rich chocolate mousse, raspberries and coulis	£6.50
Summer days Berries and Chantilly cream	£6.00

Cakes:

Two scones Clotted cream and strawberry jam	£5.00
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A selection of cakes is also available at the bar

Our coffee is roasted and supplied by Origin coffee from Cornwall.

Espresso	£2.00
Macchiato	£2.50
Cornish macchiato	£3.00
Americano	£3.00
Flat white	£3.00
Cappuccino	£3.00
Mocha	£3.00
Latte	£3.00
White chocolate mocha	£3.50
Flavoured syrups are available to add to your coffee	£1.00

COFFEE

Teas by the pot:

Breakfast	£2.50 per pot
Earl Grey blue flower	
Whole peppermint	
Green tea with ginseng	
Camomile	
Red berry & hibiscus	
Lemongrass & ginger	

Callebaut ground chocolate:

Hot dark chocolate	Kids £2.50 / Large £3.50
Hot white chocolate	Kids £2.50 / Large £3.50

