

Gluten Free (GF)
options available.
Please ask.

THE
Tavern
BAR & RESTAURANT

Please ask about allergens.
100% allergen free
can't be guaranteed

STARTERS

Hand Rolled Duck Spring Roll Hoi Sin Sauce	£7.95	Grilled Black Pudding Spinach, Poached Hens Egg, Wholegrain Mustard Cream	£7.50
Tempura of Tiger Prawns Sweet Chilli Dipping Sauce	£7.95	Homemade Chicken Liver Pâté (GF) Warm Toast, Red Onion Marmalade	£7.50
Smoked Haddock Fishcake Cucumber and Dill, Homemade Tartare Sauce	£6.95	Soup of the Moment (GF) (V) Always Fresh, Always Vegetarian (Gluten free roll available)	£5.45
Deep Fried Brie (V) with Cranberry Sauce	£6.95		

LIGHT BITES

Available till 6.00pm Monday - Saturday

Croque Monsieur (GF) Toasted Lancashire Cheese and Ham or Cheese and Tomato (V) Sandwich topped with a Cheese Sauce and grilled. Served with a House Salad	£8.95	Chicken Club Sandwich (GF) Triple Decker of Chicken, Bacon, Lettuce and Tomato served with a Side Salad	£8.95
Brunch Rosti (GF) Homemade Rosti, Tomato, Bacon and Poached Egg	£9.95	Grilled Brie and Bacon Baguette With Cranberry Sauce and Dressed Side Salad	£8.75
Smoked Haddock Fishcakes New Potatoes, Side Salad and Homemade Tartar Sauce	£9.95	Deep Fried Breaded Chicken Strips Melted Cheese and a BBQ Dip served with a Side Salad	£8.50

MAIN COURSES

Hand Crafted Tavern Pies Cumbrian Steak and JW Lees Ale or Lancashire Cheese and Onion (V) With Chips or Mash and Garden Peas	£11.95	Crofters Authentic Chicken Curry or Vegan Curry (V) (VE) Steamed Rice, Poppadum and Mango Chutney	£12.95
Braised Chicken Breast (GF) White Wine, Cream and Mushroom Sauce, Creamed Mash	£15.95	10oz Cumbrian Rump or 8oz Sirloin (GF) Fresh Cut Chips, Sautéed Mushrooms and Vine Tomatoes with choice of Peppercorn or Garstang Blue Sauce	£18.95
Cumbrian Pork Fillet (GF) Sautéed Savoy Cabbage, Dauphinoise Potato, Onion and Cider Sauce	£16.95	Homemade Potato Rosti (V) (GF) Buttered Spinach, Charred Asparagus, Sautéed Mushroom, Poached Egg and Hollandaise	£12.45
Cajun Chicken, Halloumi (V) or Roasted Vegetable (VE) Salad Taco Bowl House Salad, Charred Sweet Corn, Sweet Chilli Dip	£12.95	Tavern Handmade Burger (V) (VE) (GF) Chargrilled 8oz Beef Patty or Butterflied Chicken Breast or Vegetarian Burger with Cheese and Bacon, Lettuce and Tomato, Onion Rings and Tomato Burger Relish.	£12.95
Lamb Rump Black Pudding Mash, Honey Roasted Veg, Rosemary Jus	£17.95	Add a Tasty Extra Black Pudding, Fried Egg or a Sautéed Mushroom all £1.75 each	
Chargrilled Gammon Steak (GF) Fresh Cut Chips, Garden Peas, Fried Egg or Grilled Pineapple	10oz £12.95 / 5oz £9.95		

FISH

Lightly Battered Cod and Chips - or Halloumi (V) Homemade Mushy Peas and Tartare Sauce.	small £10.95 / reg £12.95	Pan Fried Seabass Fillet (GF) Steamed Rice, Chilli, Ginger, Garlic, Spring Onion and Buttered Spinach	£16.95
Whitby Scampi Wholetail Breaded Scampi, Fresh Cut Chips, Garden Peas and Homemade Tartar Sauce	£12.95	Baked Salmon Fillet (GF) New Potatoes, Charred Asparagus and Tarragon Cream Sauce	£16.95

SIDES

DRESSED HOUSE SALAD £4.50 / CHARGRILLED ASPARAGUS £4.95 / ONION RINGS £3.50 / 2 FRIED EGGS £3.50
GARLIC BREAD £4.25 / CHEESY GARLIC BREAD £5.45 / TOMATO GARLIC BREAD £4.75
BOWL OF CHIPS £3.50 / SAUTÉED SAVOY CABBAGE AND BACON £4.95

DESSERTS

Chocolate Chip and Caramel Cheesecake Crushed Amaretti	£6.50	Classic Glazed White Chocolate and Raspberry Crème Brulee Toasted Marshmallows	£6.50
Homemade Pavlova (GF) Whipped Vanilla Cream and Soft Red Berries	£6.50	Creamy Rice Pudding and Strawberry Jam	£5.50
Homemade Sticky Toffee Pudding Toffee Sauce, Vanilla Bean Ice Cream	£6.50	Wallings Ice Cream Choose from Vanilla, Strawberry, Chocolate or Vegan Vanilla (VE)	
Warm Belgium Chocolate Brownie (GF) Vanilla Bean Ice cream	£6.50	1 scoop £2.50 2 Scoops £3.50 3 Scoops £4.50	

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WHITE WINE

	125ml	250ml	Bottle
Viura Liso Veinte Spain	£3.90	£5.95	£15.95
Pardina Chardonnay Vina Arroba, Spain	£4.10	£6.40	£17.50
Pinot Grigio Arcano, Italy	£4.30	£6.75	£18.50
Sauvignon Blanc Peregrino, Chile	£4.30	£6.75	£18.50
Chardonnay, Peregrino Italy			£18.50
Chenin Blanc South Africa, Kleindal			£19.95
Sauvignon Blanc Mirror Lake, New Zealand			£21.95
Rioja Blanco, Señorial Spain			£20.95
Picpoul de Pinet Domaine de la Serre, France			£22.95
Gavi di Gavi DOCG Conti Speroni, Italy			£25.95

RED WINE

	125ml	250ml	Bottle
Tempranillo Vina Arroba, Spain	£3.90	£5.95	£15.95
Shiraz, Versare Italy	£4.10	£6.40	£17.50
Merlot Las Montanas, Chile	£4.30	£6.75	£18.50
Pinot Noir Parlez-Vous Val De Loire, France			£19.95
Rioja Tinto, Señorial Spain			£20.95
Malbec, Old Station Argentina			£21.95
Cabernet Sauvignon Kleindal, South Africa			£22.95
Chateau Lavison Bordeaux			£24.95
Cote du Rhone Belleruche, Chapoutier, France			£25.95
Rioja Gran Reserva Cerro Añón, Spain			£31.95

ROSÉ WINE

	125ml	250ml	Bottle
Pinot Grigio Blush Arcano, Italy	£4.30	£6.75	£18.50
Zinfandel Rosé Pink Orchard, USA	£4.10	£6.40	£17.50
Hecht & Banner Cotes de Provence, France	£5.50	£8.95	£29.95
Whispering Angel Rosé Chateau d'Esclans, France			£45.00

SPARKLING & CHAMPAGNE

Prosecco Spumante One4One, Italy - 20cl			£7.50
Prosecco Spumante Nua, Italy			£23.95
Spumante Brut Rosé Nua, Italy			£23.95
Champagne, Jules Feraud France			£39.95
Champagne, Laurent Perrier La Cuvee, France			£55.00

SPIRITS/GIN/WHISKY

House Spirits	£3.10
Premium Gins Whitley Neill, Manchester Gin, Hendrick's, Martin Miller's, Pinkster, Bloom, Hayman's, Brockman's, Bulldog, Saffron	£4.70
Premium Whisky Oban, Johnnie Walker BL, Highland Park, Glenmorangie, The Glenlivet, Macallan, Cragganmore, Talisker	£4.70

COCKTAILS

HAPPY HOUR - 3PM-6PM

Sex On The Beach Archers, Vodka, Cranberry Juice, Orange Juice	£8.95
Purple Rain Cherry Sourz, Blue Curacao Lemonade	£6.00
Cosmopolitan Vodka, Cointreau, Cranberry and Lime Juice	
Bloody Mary Tomato Juice, Vodka, Worcestershire Sauce	
The Iced Tea Light Rum, Vodka, Gin Tequila, Lime Mixer, Coke or Cranberry	
Pina Colada White Rum, Malibu, Cream and Pineapple Juice	
Singapore Sling Gin, Cherry Brandy, Pineapple Juice, Benedictine, Grenadine, Cointreau, Soda	

BOTTLE BEERS/CIDERS

Non Alcoholic Peroni	£3.80
ABV's Gluten Free Peroni 5.1%	£3.80
Brewdog Nanny State 0%	£3.80
Vagabond GF Pale Ale 4.5%	£4.50
Old Mout 4% Pineapple and Raspberry, Kiwi and Lime	£4.80
Brooklyn Lager 5.2%	£4.10
Corona 4.5%	£3.80
Budweiser 4.5%	£4.10
WKD 4%	£3.80
Brewdog Dead Pony Club 3.8%	£4.20
Thatchers Rose Cider 4%	£4.20

DRAFT BEERS/CIDER

Guinness 4.2% Fosters 4% Magners Dark Fruit 4.5%
Magners Original 4.5% Peroni 5.1% Camden Hells 4.6%
Moorhouses Premier Cask 3.7% Budvar 5%
Lowenbrau 5.2% Goose Island IPA 4.1%
JW Lees Smooth 3.9%

SOFT DRINKS

Pepsi Max/Diet Pepsi/Lemonade	Regular £2.50	Large £3.10
Sparkling/Still Water		£2.90
Britvic 55 Apple or Orange		£3.10
J20s Apple and Raspberry, Apple and Mango, Orange and Passionfruit		£3.20
Folkingtons Juices Orange, Apple, Elderflower, Cranberry, Berries, Tomato		£3.10
Bottle Coca Cola 330ml		£3.70
Bottle Diet Coca Cola 330ml		£3.70
Fevertree		£2.20
Redbull		£3.20