

SALT **KITCHEN**









Our food is cooked fresh to order

STARTERS

Today's freshly prepared soup

breads, salted butter £5 (optional GF)

Crispy buffalo chicken wings

Cashel blue cheese mayo, homemade buffalo sauce £6.5 GF

Seafood chowder

smoked bacon, leeks, Guinness wheaten bread £8 (optional GF)

Walnut & Cashel blue cheese tart

apple & beetroot salad, maple dressing £7 V

Grilled chicken Caesar salad

tapenade £7.5 (optional GF)

Chilli & garlic king prawns

shell on, toasted sourdough & lemon £9 (optional GF)

Bao buns

Aromatic duck

spring onion, chilli, cucumber, hoisin sauce £8.5

BBQ jack fruit

spring onion, chilli, cucumber, BBQ sauce £8.5 VG

TO SHARE

Sharing Platter

homemade southern fried chicken goujons, cheesy garlic bread, breaded brie, hot wings, nachos, selection of dips £25

Sides

Fresh local chips £4 Skin on skinny fries £4 Sweet potato fries £4 French fried onions £4 Buttery mash £4 Seasonal vegetables £4 Side salad £4









BURGERS

The Boulevard

6oz steak burger, mozzarella cheese, grilled bacon, beef tomato, iceberg, onion ring, sweet dill mayo £13.5 (optional GF)

The Smokey Joe hickory smoked brisket burger, BBQ pulled pork, melted applewood, tobacco onions £13.5

The Hamburger

6oz steak burger, cider braised ham hock, apple & fennel slaw, gherkins, mozzarella, wholegrain mustard mayo £13.5 (optional GF)

The Italian Job

marinated chicken, Parma ham, sundried tomato, rocket, roast red peppers, mozzarella, pesto mayonnaise £13.5 (optional GF)

The Tikka

lemon, garlic & paprika marinated chicken, onion bhajis, tikka sauce, mango chutney £13.5

Spanish Fiesta

spiced fried chicken, salsa, guacamole, mozzarella, jalapenos, roast peppers, crispy tortilla chips £13.5

The Allotment

chargrilled courgettes & aubergines, roast mushrooms, red peppers, sundried tomato, halloumi, rocket, hummus, garlic mayo £13 (optional **(GF)**)

> Includes choice of side served in a brioche bun

MAINS

Hand battered fish

fresh local chips, tartare sauce, mushy peas £14.5 Ask your server for details

Homemade southern fried goujons fresh local chips, dressed leaves, choice of dip £13.5

Chilli & basil orecchiette pasta

grilled chicken, toasted breadcrumbs, parmesan cheese £14

Slow cooked pastrami beef sandwich

sweet mustard, pickles, tobacco onions, black truffle mayo, parmesan fries £15.5

Bang-Bang chicken

oriental salad, crushed peanuts, house dressing, skin on skinny fries £13.5

Beer battered fish tacos

fresh local chips, spicy salsa, sour cream, lime £14

Chilli & fennel Italian sausage

spring onion mash, seasonal veg, rich onion gravy £13 (optional GF)

Chinese chicken curry

basmati rice, prawn crackers £13.5 (optional V)

Roast of the day

buttery mash, seasonal veg, roast gravy £14 (optional GF) Ask your server for details

Burrito bowl

cauliflower rice, quinoa, black beans, corn, red onion, peppers, tomato, quacamole, sour cream £12 V (optional GF)

Add grilled chicken, BBQ pulled jack fruit or Portobello mushroom £2.50

All day brunch

(served until 5pm)

butcher sausage, black pudding, grilled tomato, dry cured bacon, fried free range egg, Portobello mushroom, potato bread, soda bread, chips £12 (includes tea or filter coffee)

LOADED

All £7

Philly cheesesteak

brisket, tobacco onions, melted mozzarella, pepper sauce

Chicken supreme

southern fried chicken, bacon, melted mozzarella, chicken gravy

Fully loaded nachos

nachos, sour cream, guacamole, salsa, cheese sauce

BBQ Jack Fruit

jack fruit, BBQ sauce, rainbow slaw

Please speak to a member of staff before placing your order.
We cannot guarantee our food is 100% allergen free.
Breads containing gluten may be substituted for a gluten free option for an extra 50p

SALTKITCHENBANBRIDGE.CO.UK FOR BOOKINGS & FOOD TO GO!

IME FOR BRUNCH

Mon - Fri 10am - 11.45am | Sat 9am - 11.45am

Traditional Ulster fry

butcher sausage, grilled tomato, dry cured bacon, fried free range egg, Portobello mushroom, potato bread, soda bread £8.5

Huevos rancheros

fried free range eggs, corn tortillas, chilli & fennel sausage salsa £7

Eggs benedict

toasted muffin, ham hock, poached eggs, hollandaise, mustard cress £7.5 (optional G)

Croque monsieur

toasted sourdough, Dijon bechamel, Belfast ham, gruyere cheese £7.5

Maple & pecan granola jar

mixed berries, natural yoghurt, fresh mint, honey £5 V

Eggs royale

toasted muffin, smoked salmon, guacamole, spinach, poached eggs, hollandaise, pistachio crumb £8 (optional GF)

Full veggie

toasted sourdough, vegetarian sausage, cherry vine tomatoes, asparagus, spinach, fried free range egg, Portobello mushroom £7.5 V

Kids breakfast (u12's)

dry cured bacon, butchers sausage, fried free range egg, potato bread, soda bread £5

DESSERTS

Lemon meringue

Chantilly cream £5.5

Hot chocolate fudge cake

chocolate sauce, Morelli's vanilla ice cream £5.5

Sticky toffee pudding

butterscotch sauce, Morelli's honeycomb ice cream £5.5

Cheesecake of the day

ask your server Morelli's vanilla ice cream £5.5 @

Carrot Cake

Chantilly cream £5.5 @

Cheese board

selection of local and irish cheese, Salt Kitchen chutney, crackers £8

SOFT DRINKS

Coke, Diet Coke, Coke Zero, Fanta, Sprite (330ml) £3

Troughton's Tonic, Ginger Ale, Soda(200ml) £3 Troughton's Sicilian Lemon (275ml) £3.5 Troughton's Blush Lemonade (275ml) £3.5

> Sparkling Elderflower (275ml) £3.2 Sparkling Apple (275ml) £3.2 San Pellegrino Lemon £3.2

Still/ Sparkling Water (330ml) £2.5 Still/ Sparkling Water (750ml) £3.9

Cordial

orange, blackcurrant, lime dash 30p/Jug £2

Fruit Juice

orange, apple, cranberry £2.5

Milkshakes

chocolate, strawberry, vanilla £3.75

Iced coffee

vanilla, caramel, hazelnut £3.5

BEER & CIDER

BOTTLES

Peroni (330ml) £4.2

Birri Moretti (330ml) £4.2

Rockshore (330ml) £4.2

Down the Hatch (330ml) £4.2

Maddens Mellow (330ml) £4.2 Long Meadow rhubarb

& honey (500ml) £4.5

DRAUGHT

Guinness £5

Heverlee £5

Half pint £3

Coffee

Latte £2.9 Cappuccino £2.8 Flat White £2.8

Macchiato £2.6 Mocha £3

Daily Filter

filtered daily, our own house blend: Ethiopian & Colombian beans (sweet floral fruit notes, with well-balanced acidity and good body) £2.4

Breakfast £2.2 Decaf £2.2 Peppermint Tea £2.4

Milk Menu

Soya, Almond, Coconut, Oat - Add 30p

Cosy Stuff

Hot chocolate £3.2 Extra shot espresso 50p Flavoured syrup 50p

KIDS DEAL E

STEAK DEAL

FRI-SAT FROM 5PM Steak, side, small glass Malbec wine

HOT DRINK

HOT DRINKS

Americano £2.6

Espresso £2.4

Tea

Green Tea £2.4 Earl Grey £2.4

We appreciate reviews...







WINE LIST

WHITE WINE

Consigna Verdejo Sauvignon Blanc

125ml £4.5 175ml £6 Btl £20

Tini Greciano Pinot Grigio Italy

pear and grapefruit. seafood & pasta.

125ml £4.5 175ml £6 Btl £20

RED WINE

Consigna Tempranillo

Aromas of red and black berries,

125ml £4.5 175ml £6 Btl £20

Steak Maker Malbec Argentina

Ripe blackberry, plum and chocolate. food pairings- red meat, brisket, mildly spiced foods.

125ml £4.5 175ml £6 Btl £20

ROSE

Feather Falls - White Zinfandel USA

food pairings- creamy pasta dishes, chicken and pork.

125ml £4.5 175ml £6 Btl £20

West Coast Cooler

Refreshing wine cooler with berry & fruit flavours £5

PROSECCO

Villa Jolanda Prosecco 20cl Italy

mineral streak. £7.5

Nua Prosecco Italy

puree and brioche flavours and

We are proud to use only the best local suppliers...

> **Draynes Farm Lisburn** Hannan Meats Moira Keenan Seafoods Belfast Grange Farm Moy Carnbrooke Meats Dromara Wilson's Country Portadown Buchanans Farm Shop Kilrea Armagh Cider Company SD Bells Belfast Long Meadow Cider Portadown